4011226084

Wentworth Area Health Service

NEPEAN HOSPITAL CARDIAC SERVICES

Please affix Patient Label

Management Plan for Rapid Discharge Pathway 3

Step 1 Emergency Medical staff to complete. Patient requires stess testing after 8 hours

1 Notify Cardiology that the patient has been placed on Pathway 3

- Between 8 am and 6pm contact CAN page 17040
- Between 6pm and 8am contact after hour Med Reg
- Time contacted Cardiac Nurse Or Med Reg ☐☐:☐☐

2 ■ Commence Aspirin ☐ No ☐ Yes ☐ Contraindicated ☐ Ambulance ☐ Self

3 Sign Pathology forms attached

4 **- Nursing orders:**
-ECG monitoring
- Routine HR ,BP hourly for 8 hours
-TNT at 8 hours after onset of pain

Step 2 Cardiac Liason Nurse or After hours Medical Registrar to complete

Is the Patient still suitable for rapid discharge ?

☐ Normal ECG ☐ Negative Cardiac markers

☐ No Significant Comorbidity ☐ Able to perform a walking EST

☐ **Yes to all proceed to EST** ☐ **No to any discuss with Cardiologist**

Progress notes

Date ☐☐/☐☐/☐☐☐☐ Signature ----------

Please note:
1 Perform EST and complete page 2.
2 If EST is negative, page 2 of this form may be used as the discharge summary.
3 If discharged after hours, the patient will need an out-patient appointment. Please instruct the Patient to Phone the Cardiac assessment nurse between 8.30amand 5.pm on #47342000 page 1740. The instruction are on the pink Information bnook with this pathway and should be given to the patient.

RAPID DISCHARGE PATHWAY 3

1974226089

Wentworth Area Health Service

NEPEAN HOSPITAL CARDIAC SERVICES

PATHWAY 3 Discharge Summary

Please affix Patient Label

GeneralPractitioner Cardiologist

Admission / / Pres Time : Discharge / /

Admission findings see attached chest pain assessment form

Discharge Diagnosis:

Chest Pain Low Risk ACS ☐

Non-Coronary Chest Pain ☐

History: The patient presented with Chest Pain. Emergency Staff thought the patient was at an Intermediate risk,but met the criteria for an accelerated assessment plan. Clinical findings are summarised on the attached Chest Pain assessment form

Blood Test Results	**Comments**		**Comments**
Max CK		Max Gluc .	
Max TnT .		Max CR	

Excercise Stress Test Date and time of EST / / :

EST Booked

☐ Yes

☐ Not Suitable for stress test

☐ Booked as Outpatient

Stress Intensity Symptom limited

☐ Maximal ≥ Bruce second stage plus HR ≥ 80% predicted

☐ SubMaximal Did not complete Bruce Stage 2 or Max HR≤ 80% preticted

Treadmill EST RESULTS		**Equivocal**	**Positive**
	Negative ☐	1 Typical pain + ≤1mm ST change ☐ 2 No pain + ≤ 1-2mm ST change ☐	1 ischaemic pain + ≥ 1mm ST change ☐ 2 No pain +≥ 2mmST change ☐
ACTION	Discharge	Discuss with on call Cardiologist And comment below	Transfer to Pathway 2

Comment

Medications

Aspirin ☐ Yes ☐ No ☐ Contraindicated **Betablocker** ☐ Yes ☐ No ☐ Contraindicated

Discharge Arrangements

☐ Rapid Discharge Home

☐ Admission to Cardiology Ward

Follow-up

☐ GP

☐ Cardiologist

☐ Generalphysician

Signature of MO Print name Date / / :

ACS RAPID DISCHARGE 008 (1)